

PTSDA Karate - Pensacola Class Schedule

Times	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:00 am						Tiny Tiger & White – Yellow Belt Class
10:00 am						Orange – Cho Dan Bo Class
11:00 am		Mixed Class		Mixed Class		Black Belt Class
4:00 pm	Tiny Tiger Class	Private Lesson	Tiny Tiger Class	Private Lesson	Private Lesson	
5:00 pm	White – Orange Belt Class	Green – Black Belt Class	White – Orange Belt Class	Green – Black Belt Class		
6:00 pm	Green – Black Belt Class	White – Orange Belt Class	Green – Black Belt Class	White – Orange Belt Class		
7:00 pm	Teen/Adult Class Training Floor 2 Aikido	Zumba Dance	Competition Class	Training Floor 2 Teen/Adult Class Zumba Dance	Training Floor 2 Aikido	

Class Description:

Mixed Class

Tiny Tiger Class

Color Belt Specific Classes

Teen/Adult Class

Competition Class

Zumba Dance

Aikido

All students seven and older, White through Black Belt.

All students 4-6 years of age.

All students seven and older, with Belt Rank specified.

All students 13 and older.

All students Belt Rank Green and above.

Please go [here](#) for more information about this fun and exciting aerobic exercise class.

For more information, please call 850-450-3727`