



# SPRING KARATE CAMP OUT

FRI, APR 13 – SUN, APR 15

BEAR LAKE RECREATION AREA  
BLACKWATER STATE FOREST

## TENTATIVE SCHEDULE

### Friday

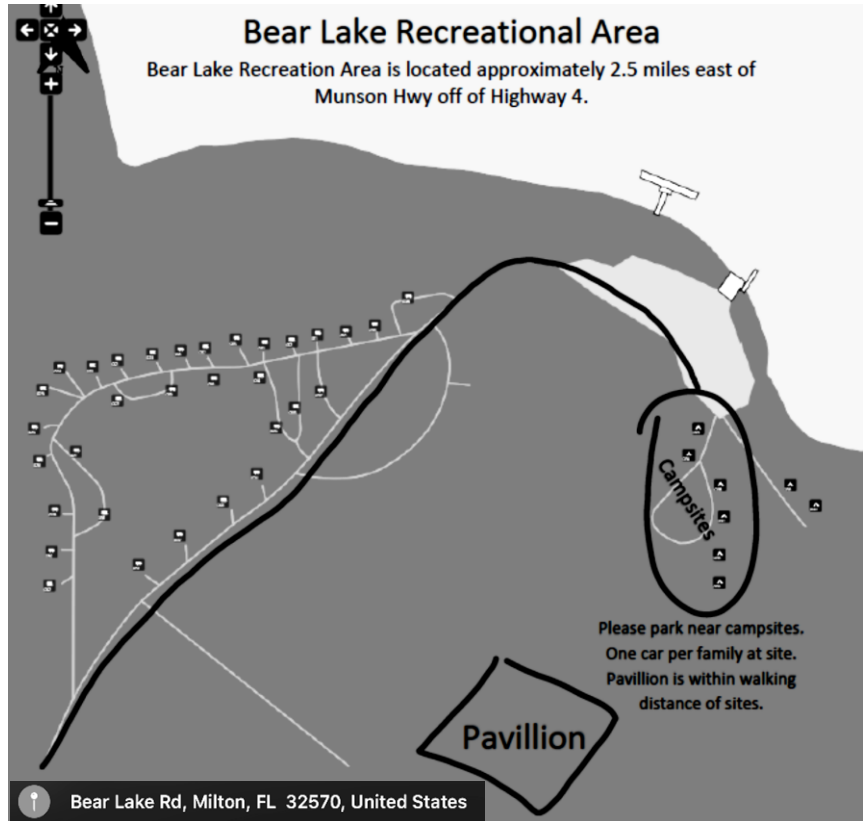
5- 7:30 PM Check in  
7:30- 8:30 PM Activities & Rules Meeting  
8:30- 9:00 PM Free Time  
9:00 PM QUIET TIME

### Saturday

6:30- 7:30 AM Hike & Workout  
7:30- 7:45 AM Clean up  
8- 9:00 AM Breakfast  
9- 10:00 AM Free time  
10- 11:00 AM Workshops and Competitions  
11AM-12PM Free time  
12- 1:00 PM Lunch  
1:15- 5:15 PM Hike & Swimming @ Krul Lake  
5:30- 7:00 PM Dinner  
7- 8:00 PM Clean up  
8- 10:00 PM Bonfire & Smores

### Sunday

8:30- 9:15 AM Morning Snack  
10:30- 11 AM Clean Up & Check Out



## MENU

**Breakfast:** Pancakes, bacon, sausage and eggs  
**Lunch:** Hamburgers, hot dogs, chips  
**Dinner:** BBQ chicken, baked beans, mac 'n cheese, breadsticks

## DIRECTIONS

- Follow NINE MILE RD (US-90) EAST to Stewart St in Milton. (appx. 37 min; 19.9 mi)
  - Turn LEFT onto FL-87/STEWART ST. (0.8 mi)
  - Turn RIGHT onto CR-191 / MUNSON HWY. (25 min; 20.5 mi)
  - At **stop sign**, turn RIGHT onto FL HWY 4 (2 min; 2.1 mi)
  - Turn LEFT onto Bear Lake Rd, campsites will be at the end of the parking area.
- Time:** 1 hour, 5 minutes / **Distance:** 42.09 miles

Please cut and return form

Camper 1 \_\_\_\_\_ Overnight  \$35 Saturday Only  \$20  
Camper 2 \_\_\_\_\_ Overnight  \$30 Saturday Only  \$20  
Camper 3 \_\_\_\_\_ Overnight  \$30 Saturday Only  \$20  
Camper 4 \_\_\_\_\_ Overnight  \$30 Saturday Only  \$20

TOTAL DUE FOR ALL CAMPERS \$ \_\_\_\_\_ Please charge card on file \_\_\_\_\_

Main Contact \_\_\_\_\_ Phone# \_\_\_\_\_

I, the undersigned, do hereby voluntarily submit my application for attendance and participation in the Spring Karate Camp and I do hereby assume full responsibility for any and all damages, injuries, or losses that I may incur or sustain while in attendance or participation. I further waive all claims against the promoter, operator or sponsor of the Spring Karate Camp for any injuries or losses that I may sustain or incur. IF APPLICANT IS UNDER 18 YEARS OF AGE, THIS RELEASE AND CONSENT MUST BE SIGNED AND DATED BY PARENT/GUARDIAN. \*\* **NO REFUNDS**

Participant or Parent/Guardian (if under 18) Signature

Date

## What you need to know!

- The camp is for all members and families of the Pensacola Tang Soo Do Academy. We invite you to come out and bring your friends as well.
- Your camp fees include two nights of camping at Bear Lake Recreation Area; meals for Saturday; snack for Sunday morning.
- You will need a tent. Our reserved sites are tent only, but there are sites with electric and water hook-ups at Bear Lake that can be reserved through ReserveAmerica.com
- **SORRY NO PETS or RV's**
- Parents will be responsible for their children **at all times** outside of any organized camp activity. We recommend that your family create a buddy system with other attendees.
- Only members age 13-18 will be allowed to attend unaccompanied **WITH PRIOR APPROVAL.**
- Please keep an eye on the weather prior to the camp, sometimes it gets very cold at night. **BE PREPARED!**
- A dobok will only be required for Saturday morning's Workout.
- There is a noise curfew at 10:00 pm. Please respect this rule so that we may be allowed to continue our camps.

<p><b><u>Helpful Camping Checklist</u></b></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> First Aid Kit</li> <li><input type="checkbox"/> Tent</li> <li><input type="checkbox"/> Bike</li> <li><input type="checkbox"/> Chair</li> <li><input type="checkbox"/> Sleeping bag &amp; Pillow</li> <li><input type="checkbox"/> Blanket</li> <li><input type="checkbox"/> Flashlight &amp; Lantern</li> <li><input type="checkbox"/> Dobok &amp; Dee</li> <li><input type="checkbox"/> Hiking Clothes &amp; Shoes</li> <li><input type="checkbox"/> Bathing Suit &amp; Towel</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Sunscreen</li> <li><input type="checkbox"/> Bug Repellant</li> <li><input type="checkbox"/> Toothbrush &amp; Toothpaste</li> <li><input type="checkbox"/> Shampoo &amp; Soap</li> <li><input type="checkbox"/> Washcloth &amp; bath towel</li> <li><input type="checkbox"/> Fishing Pole &amp; License</li> <li><input type="checkbox"/> Firewood</li> <li><input type="checkbox"/> Friday Night Snacks</li> <li><input type="checkbox"/> S'mores Ingredients</li> <li><input type="checkbox"/> Work Hard Play Hard Spirit!!</li> </ul>	<p><b><u>Helpful Phone Number</u></b></p> <p style="font-size: 1.5em; font-weight: bold; margin: 10px 0;">850-607-4454</p> <p><i>Call or Text Us!</i></p> <p><i>*FYI – Phone Reception is limited in the area so keep trying!</i></p>
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